APPENDIX B

TRANSCRIPT

THE FOLLOWING STUDY IS ABOUT THE BELIEF SYSTEMS IN THE ELDERLY XHOSA SPEAKING PEOPLE

QUESTIONS:

RS: 1. How do people get HIV/AIDS?

RP: The police always help people who are seriously injured. Why are they not infected? They bring people to Hospitals and Clinics each and every day, why are they not having this epidemic? Why don’t we hear stories that maybe there is a policeman who died of HIV/AIDS while helping HIV/AIDS injured people? Or why we don’t hear stories that there are some of the policemen who died after helping HIV/AIDS people?

RP: We as older people we don’t know this sickness of AIDS. We just hear from the doctors or from the media that people get the AIDS virus through sexual intercourse and I believe that this is a true story. If you help injured people you won’t contract the AIDS virus. The only thing that we knew in the olden days is the sickness called Igcushuwa. During this sickness a person starts by having sores on her private part or on his private part. This comes out to an extent that the person cannot sleep with a man/woman. In Transkei in Mount Frere there were some traditional doctors and the Sangomas who were healing people with HIV/AIDS.

RS: 2. How can people avoid getting AIDS?
**RP:** Firstly I want to tell you that I don’t believe in condom usage. They were not there during our times and I don’t know them. I cannot use something that I don’t know. In the olden days people were using traditional herbs for drinking and for bathing the whole body before they could sleep with their partners and after sexual intercourse.

**RS:** 3. Who gets HIV/Aids?

**RP:** All people can get the epidemic meaning both young and old people if they sleep around with many partners without using protection. For example, if an older person can have sex with a HIV/Aids infected young person, the older person will obviously be infected and vice versa.

**RS:** 4. How can people get HIV/Aids out of their systems?

**RP:** I can’t tell you the exact answer of this question because some people say that others get it through needle stick injuries and others say doctors put Aids in the injections and they inject people, especially women during family planning. I just want to ask this question: Why is this condom usage uplifting the HIV/Aids epidemic whereas they were supposed to be decreasing it and preventing it?

**RS:** 5 How can people treat/cure HIV/Aids?

**RP:** I suggest that let people go to both the medical doctors and to the traditional doctors, especially those who use bones of the dead people. The doctors will help HIV/Aids infected people by means of giving them antiretroviral drugs and sending them to the treatment programme and the traditional doctors will give them herbs for cleaning the immune system such as Embiza and herbs for bathing.
RS: 6 Who brought HIV/AIDS?

RP: HIV/AIDS have been brought by the condom usage. “This condom thing is the only thing that has brought HIV/AIDS. Since we have them there is lot of people suffering from AIDS. The doctors must check these condoms because they do have a sort of jelly like or a liquid inside which is medicine and this medicine is the one which brought AIDS.

RS: 7 Do you know anyone who is HIV/AIDS and how do you think was the person infected?

RP: The hairs started to fall down and the person had diarrhoea all the time which was uncontrollable and he had some other sicknesses such as flu and sores on the legs. This woman was so secretive. She didn’t want to disclose any information regarding her condition of her sickness. She was also affected mentally because sometimes when we were communicating with her the answers were irrelevant to what we were talking about and sometimes she was talking alone.