

ABSTRACT

The purpose of this study was to determine if the PPASA Lifeskills HIV/AIDS programme is an effective sexuality programme for adolescents. The ANOVA was used to measure the effectiveness of the programme.

The PPASA Lifeskill HIV/AIDS manual was used to present acceptable sexual knowledge, sexual behaviour and sexual values as well as attitudes. Some of the sources that were reviewed with regard to those variables are Greathead et al., Madima C., Taitz L., Kaplan P., Louw D. and Olivier M.

The field experiment before and after control group (pretest-posttest) design was used for the research. The Mathtech sexuality questionnaire is the instrument that was employed to measure the effectiveness of the PPASA Lifeskills HIV/AIDS programme with regard to sexual behaviour, knowledge, attitudes and values. The Anova was then used to compare means between different groups and to determine if the scores are statistically significant.

Unanticipated results were produced, the experimental groups sexual behaviour got worse instead of improving. The experiential group's data indicated that the group was not significantly better off on their sexual knowledge, behaviour and attitudes.

The results do not necessarily mean that the PPASA Lifeskills HIV/AIDS programme is useless, the programme can be used effectively as long as issues like language of instruction, time frame for the presentation of the programme, information grading and the role of parents with regard to the sexuality of their children can be resolved.

Future research should try to work on some of the above mentioned obstacles. Research should be well resourced, both in regard to time as well as the material. It is also important to look into that which makes sexuality education programmes fail and succeed. The school should be the main agent of presenting sexuality education. It should work towards breaking the African culture of regarding sexuality topics as taboo. Parents should also be encouraged to take part in educating their children and being there for their children all the time.

